



2024 BRC ANNUAL REPORT For the ADFM and NAPCRG Boards of Directors

The Building Research Capacity (BRC) initiative, co-sponsored by the Association of Departments of Family Medicine (ADFM) and the North American Primary Care Research Group (NAPCRG), was officially launched at the November 2016 NAPCRG conference¹. The initiative grew out of strategic priorities independently articulated by each organization in 2014 around strengthening research capacity within academic family medicine² and has built on the strengths and resources of each organization to develop several main areas over the last 5 years: ongoing curricular offerings (e.g. workshops at NAPCRG, ADFM, and other conferences); a consultation service; a new fellowship program, piloted in 2018-2019 and fully launched in 2021; and an evaluation and assessment arm. The current BRC Subcommittee & Workgroup rosters can be found on our website at: <https://adfm.org/programs/building-research-capacity-brc/>

Current BRC Leadership

We have been getting increasingly organized and formalized around BRC infrastructure over the last 5 years. In 2021 we defined a path for leading BRC by defining a succession plan for the chair and vice chair roles. Each serves a 2-year term (so total term is 4 years). The vice chair position is appointed and ADFM and NAPCRG will rotate the appointment of this position; term dates will be in conjunction with NAPCRG terms (so November rotation).

In November 2023, Navkiran (Kiran) Shokar MA MD, MPH took over as Chair of the BRC Steering Committee and will serve until November 2025, when the Chair role will be passed to Masahito Jimbo, MD, PhD, MPH, FAAFP, who is currently the Vice Chair. NAPCRG is next in the rotation to appoint a new Vice Chair in November 2025.

Consultations

BRC provides a consulting service for departments and residency programs that need assistance in evaluating their readiness for investing in or expanding their commitment to primary care research. In 2022 we spent significant effort developing a contract template under the guidance of an attorney to help formalize our structure. We have also spent a significant amount of time refining our internal

¹ [The Building Research Capacity \(BRC\) Initiative: to Be Launched at the 2016 Annual NAPCRG Meeting](#). *Ann Fam Med* 2016;14:585-586. doi: 10.1370/afm.2009.

² [Building Research and Scholarship Capacity in Departments of Family Medicine: A New Joint ADFM-NAPCRG Initiative](#). *Ann Fam Med* 2016;14:82-83. doi: 10.1370/afm.1901.

processes for identifying and delivering consultations, including roles, a workflow, and a fee schedule; this document is [available here for review](#) to anyone interested. We continue to refine this process as we undertake consultations, at the rate of 1-3 per year.

This year, we are engaged in one long (30+ hour) consultation with the University of Chicago. We have also initiated exploratory conversations with University of Pittsburgh, Emory University, and University of Missouri - Kansas City and continue to follow up with each institution to determine their interest in engaging in a full consultation.

More information for what consultations can include is now available on our website, here: <https://adfm.org/programs/brc-consultation-service/>

Fellowship

BRC launched a fellowship on leading change to build research capacity in departments/institutions in 2021. This program is moving into its 4th cohort in November 2024, with 8 new fellows. These are listed below in **Appendix A**.

Two faculty members, Dean Seehusen and Lynn Meadows, have elected to step down BRC faculty for the 2024-2025 year with other things they have going on. We are grateful for their contributions and investments in the fellowship over the past years! We are looking forward to welcoming two new faculty, Joan Ilardo (a former fellowship participant) and Peter Cronholm.

Additionally we are very excited that this year we will have the outgoing cohort present their fellowship projects on the preconference day of NAPCRG, look for:

SPARC Presentations: Strategic Plans to Advance Research Capacity by graduates of the Building Research Capacity Fellowship
11/20 at 10:30am-12:30pm
QCCC 205C

Programming (“Curriculum”) at various conferences

In 2024 the BRC team presented “Influence for Impact - Harnessing Persuasion Principles to Boost Family Medicine Research” as a preconference workshop at the ADFM conference as well as two sessions at the STFM Annual Conference, “How to Build a Research Curriculum” and “Building Scholarship Into Your New Learning Networks: A Building Research Capacity Presentation”. We are excited for two presentations at the upcoming NAPCRG conference (in addition to the fellows’ projects noted above). Look for:

Building Research Capacity: Funding Options For Academic Family Medicine (W.12)
11/21 at 10:45am-12:15pm
QCCC-Floor 2-2104AB
<https://napcr.org/conferences/2020/sessions/6139>

Using Evidence-Based Best Practices for Research Mentoring (WS.16)
11/22 at 9:30am-11:00am
QCCC-Floor 2-2104AB

<https://napcrg.org/conferences/2020/sessions/6199>

This brings the total number of **presentations and workshops since November 2016 up to 33**. The list of presentations since then is shared as **Appendix B**. Discussions about submissions for the 2025 ADFM, STFM, and NAPCRG conference are underway. Additionally, a subgroup of the BRC Curriculum Committee and the ADFM Research Development Committee have submitted a proposal on research pathways for the AAFP Futures Conference.

Assessment & Evaluation

The A&E subgroup makes sure that all of the BRC programming is evaluated, including fellowship content, presentations at conferences and elsewhere, and consultations. This year, the A&E subgroup worked on creating a standard [Consultation Evaluation](#) to provide more consistency in results across consultation evaluations.

Lynn Meadows expressed a desire to step back from her role as co-chair of this committee as she moves forward in her retirement and we are looking forward to welcoming Jennifer Taylor in joining Pete Seidenberg as co-chair for the coming year.

Appendix A: 2024-2025 Fellowship Faculty, Mentors, and Fellows

Fellowship Co-Directors

- Stephen Stacey, DO, Director of Osteopathic Education, Mayo Clinic Family Medicine Residency
- Peter Seidenberg, MD, MA Professor, Chair, and Physician at LSU Health School of Medicine

Fellowship Faculty & Mentors include:

- Richelle J. Koopman, MD, MS, Professor and Vice Chair for Research and Faculty Affairs, University of Missouri
- Melanie Steiner-Sherwood, PhD, Associate Director of Research Development, Department of Family and Preventive Medicine, University of Utah
- Peter F. Cronholm, MD, MSCE, Professor and Vice Chair for Research, Department of Family Medicine and Community Health, University of Pennsylvania
- Joan Ilardo, PhD, LMSW, Senior Associate Chair, Director of Research Initiative, Department of Family Medicine, Michigan State University

BRC Fellows 2024-2025

First Name	Last Name	Institution	Position
Katarzyna	Budzynska	Henry Ford Health	Assistant Program Director Family Medicine
Shaunta	Chamberlin	University of Tennessee Graduate School of Medicine	Professor, Assistant Family Medicine Residency Program Director - Curriculum & Research, Director of Research
Kevin	Everett	University of Missouri	Research Director & Associate Professor
Diego	Garcia-Huidobro	Pontificia Universidad Catolica de Chile	Associate Professor and Research Director
Laura	Igarabuza	Lewis Katz School of Medicine at Temple University	Vice Chair of Research, Assistant Professor
Autumn	Kieber-Emmons	Lehigh Valley Health Network (LVHN) Morsani College of Medicine	Vice Chair for Research, Associate Professor, Director - Practice and Community Based Research Network
James	LaRosa	ChristianaCare	Associate Program Director
Marie Claire	O'Dwyer	University of Michigan	Clinical Assistant Professor / Director of Resident Research Program

Appendix B: Presentations by Year

Year	Conference	Title
2016	NAPCRG	BRC Launch - Building a culture of inquiry in departments and residency programs
2016	NAPCRG	Role of leadership and senior management in facilitating or impeding scholarship and research development
2017	ADFM	Joy in Research: The Role of the Administrator-Chair Partnership in Inspiring Research
2017	STFM	Creating a Culture of Inquiry in Academic Family Medicine
2017	NAPCRG	Means to Meaningful Mentorship
2018	ADFM	What Does Building Research Capacity Mean to Departments of Family Medicine: A BRC Dialogue
2018	STFM	Should Family Medicine Educators be Expected to Do Research: A Point-Counterpoint Debate
2018	STFM	I Am Not a Researcher: Why Should I do Research? How Participation in Research Makes ME a Better Family Medicine Educator
2018	NAPCRG	Promoting Research and Scholarship in Family Medicine: Finding the Time and Money to Support It: A Building Research Capacity (BRC) Workshop
2019	ADFM	Key Chair Decisions in Building Research and Scholarship Capacity
2019	STFM	Quality Improvement Projects as Research: A Building Research Capacity (BRC) How-To Workshop
2019	NAPCRG	A BRC Forum: How to Do Feasible and Gratifying Research by Aligning with Clinical, Quality and Operational Priorities
2019	NAPCRG	Building Research Capacity: Gathering US and Canada Chair and Research Leader Priorities and Practical Strategies

2020	ADFM	The Leader's Guide to Decision-Making When Building Research and Scholarship Capacity (preconference workshop)
2020	STFM	Creating Great Educational Research Projects - A Building Research Capacity (BRC) Session
2020	NAPCRG	Strategies to Address Research Challenges and Opportunities in the Midst of a Global Pandemic: A BRC Workshop.
2020	NAPCRG	Building Research Capacity: From Priorities and Strategies to Department Actions (preconference workshop)
2020	FMEC	Building Research Capacity: From Priorities and Strategies to Action
2021	ADFM	Research in the Era of Crises: COVID, Health Equity, Population Health, or Making a More Equitable Research Enterprise (preconference workshop)
2022	ADFM	Creating a Strategic Plan for Research in Your Department
2022	STFM	Fulfilling Your Program's Scholarship Requirements Through Readily Available Resources and Creative Strategies
2022	NAPCRG	Utilizing Research Indicators to Boost Your Department's Effectiveness
2023	ADFM	Building Research Capacity: Change Management, A Tool for Meeting your Department's Research Goals
2023	STFM	Increasing Research Capacity: How Much Is Right for You?
2023	NAPCRG	SPARC Presentations: Strategic Plans to Advance Research Capacity by graduates of the Building Research Capacity Fellowship
2023	NAPCRG	The Joy of Research: Discovering, Rediscovering, and Growing It
2023	NAPCRG	Strategies to Keep Your (Post-Pandemic) Research Moving Forward
2024	ADFM	Building Research Capacity: Influence for Impact - Harnessing Persuasion Principles to Boost Family Medicine Research

2024	STFM	How to Build a Research Curriculum
2024	STFM	Building Scholarship Into Your New Learning Networks: A Building Research Capacity Presentation
2024	NAPCRG	SPARC Presentations: Strategic Plans to Advance Research Capacity by graduates of the Building Research Capacity Fellowship
2024	NAPCRG	Building Research Capacity: Funding Options for Academic Family Medicine
2024	NAPCRG	Using Evidence-Based Best Practices for Research Mentoring