

Executive Coaching Recommendation List

December 2024

Helen Y. Chang

Contact info: helen.chang@hyconsult.com

Recommended by Jehni Robinson

Testimonial: Helen helped us debrief 360 evals and then set brief individual goals with selected leaders and provided action-oriented behavior change focused coaching. I saw significant improvements in several of my leaders who participated.

Carol A. McLysaght

Contact info: Carol@McLysaght.com

Recommended by Kimi Suh

Testimonial: I also have a great recommendation who has tons of experience in high level executive coaching. Although I have not been coached by her myself, I have met many others who speak highly of her professional assessments and insightful recommendations. She works out of Chicago but works with multiple clients throughout the US. <http://www.mclysaght.com/>

Dael Waxman

Contact info: Dael.Waxman@atriumhealth.org

Recommended by Myra Muramoto

Testimonial: I have worked with Dr Dael Waxman in his role as a leadership coach for over four years. I found my coaching experience with Dr Waxman to be an immensely valuable experience. Early on as a new leader, Dr Waxman guided our discussions through incorporating helpful techniques on how to develop my leadership skills. We worked extensively on how to control my own reactions and how to apply a mindful approach to leadership that allowed me to navigate complex situations and to better understand what motivates others. Each session was individually structured and tailored to my goals with relevant “homework assignments” in-between. Over time, I sought out additional coaching sessions with Dr Waxman as I explored career advancement leadership opportunities. Dr Waxman brought additional coaching skills to these sessions that allowed me to think more clearly about the associated pros and cons. Throughout our sessions, Dr Waxman was well organized and consistently assisted me in bringing clarity and new ways of thinking to the topics we discussed. I am extremely grateful to have had the opportunity to undergo this individualized, confidential, and very competent leadership coaching experience with Dr Waxman.

Dale Lefever, Ph.D.

Contact info: dlefever@umich.edu

Recommended by Phil Zazove

Testimonial: Dale Lefever, Ph.D. is the executive coach already for at least 3 family medicine chairs across North America. He also was a faculty in our Department at Michigan since it started in 1978 (is now emeritus). He also does this for at least 2 other non-Fam Med chairs at Michigan. His background



VISION, VOICE, LEADERSHIP

includes among its members Supreme Court justices, small non-profit and religious organizations, and other larger for-profit companies.

David Dull, MD

Contact info: david@compassexecutivecoaching.com

Recommended by Karen Mitchell

Testimonial: He has been a coach of mine. He excels in systems-thinking and change. He has particular expertise in patient safety from a systems approach. While not a family physician, he brings experience as a Chief Medical Officer of several different systems and as an ACGME CLER reviewer.

Elena Jensen

Contact info: elena@eilumen.net

Recommended by Thomas Peterson

Testimonial: who provides leadership coaching here in Vermont, regionally, and nationally. She is great with new leaders and with expanding the skills of established leaders. She is welcoming, brilliant and easy to get to know, and my observation is that she will go the extra mile to help you to develop to your vision. She uses a neuroscience and appreciative approach, and also blends in embodied leadership. She'll give you self-work, and you will earn and own your progress. I realize many of us may have our own positive coaching experiences, but I can wholeheartedly vouch for her.

Testimonials can be found via this link: [Testimonials \(eilumen.net\)](https://eilumen.net)

Elisabeth Wilson, MD, MPH, MS-HPed

Contact Info: drelisabethwilsoncoach@gmail.com

Recommended by: Alison Samitt

Testimonial: Beth's coaching was invaluable to me as I adjusted to my new role as Family Medicine Department Chair. Swas thought-provoking, inspiring, and incredibly comforting as I strove to find my voice and fine-tune my goals and priorities. I'm indebted to her for helping position me for success as a chair.

Jeanette South-Paul

Contact info: jsouthpaul@outlook.com

Recommended by Tochi Iroku-Malize, Tochi

Testimonial: I first met Dr. South-Paul when I joined the Association of Departments of Family Medicine (ADFM) over a decade ago. She was my assigned mentor and it proved to be the start of a continued friendship. Dr. South-Paul was the Professor and Chair of the Department of Family Medicine at the University of Pittsburgh School of Medicine from 2001-2020. Her experience in academic medicine spans a number of decades and she has been able to advise many on matters that are relevant to family medicine department chairs on the academic, clinical, operational and research sections. Her activity as a leader in the Society of Teachers of Family Medicine (STFM), the American Academy of Family Physicians (AAFP), the Association of American Medical Colleges (AAMC), and the ADFM over the years has allowed her to amass a great network both within and outside our specialty, nationally and internationally. She has used these experiences to offer sage advice when discussing with peers, administrators, junior faculty, residents and students. Dr. South-Paul is sought after by many to provide

Jeff Smith, MA, PCC

Contact info: jeff@fortifyleadershipgroup.com

Recommended by Kim Roe

Testimonial: I have attached a resource that you may be interested in passing forward. Jeff has been instrumental in helping our team at Carilion and well established in the healthcare sector.

Jeri Hepworth

Contact info: hepworthjeri3@gmail.com

Recommended by Dave Henderson

Testimonial: I have had the honor, pleasure, and benefit of association with Dr. Jeri Hepworth for nearly four decades. I have been honored to have the privilege to learn from and work with her. The encounters I have had with her have been uplifting as they are consistently informed by her generosity of spirit. Over these many years, I have benefited greatly from her counsel and advice. I first met Dr. Hepworth when I was a resident, and she was a new faculty member. I benefited from her skill as an educator in those early years, and in the ensuing decades have benefited from her guidance and mentorship, as a colleague. Over my academic career, I have held a broader diversity of leadership positions at the University of Connecticut School of Medicine than any other faculty member in the recent history of the institution. At every transition in my career, I have sought input from Dr. Hepworth. Her facilitative guidance has been an invaluable contribution to the success I have managed to achieve. Her adherence to the highest standards of confidentiality is without question because trust is a foundational element of all her interactions. Academic Family Medicine is fortunate to have among its membership such a skilled and experienced leader.

Karen Conrad and Associates, LLC

Contact info: KEConrad@verizon.net | 804-221-7124

Recommended by Allison Dobbie

Testimonial: Karen is personal executive coach to two of my department leaders.

She also presented a 6-part leadership development/team building session for our senior team. She's going to repeat it starting January for new faculty. Karen is knowledgeable, kind and supportive. I would particularly recommend her for new leaders who need some extra TLC to transition into their roles. Karen is based in Virginia, provides in person and virtual coaching. Please feel free to reach out to Karen directly or to me if you prefer.

Mountain Top Consulting

Contact info: <https://mtopconsulting.com/>

Recommended by Sarah Rahman

Testimonial: I recommend Mountain Top Consulting owned and operated by Precious Williams Owodunni.

Sheldon Romer

Contact Info: sheldonromer@comcast.net | (303) 541-9296

Recommended by: Donald Nease

Testimonial: I highly recommend Sheldon Romer, who has worked with myself and several other leaders in our Department and others here at CU. Sheldon is very good at helping one focus on the ways in which your own blindspots inhibit your effectiveness as a leader, fostering reflective leadership rather than reactive.

Recommended by: David Clute

Testimonial #2: I would like to recommend Sheldon Romer. He has a website where you can find his contact information (www.SheldonRomer.com). Sheldon was recommended to us by another Department in our School over five years ago, and we have used him extensively since then. Prior to becoming a leadership consultant, Sheldon was the CEO of a fairly large company here in Colorado. He has worked with dozens of faculty on our campus and is very familiar with academic medicine. Our Chair, Frank deGruy, has also worked closely with Sheldon over the last two years as he has been preparing to step down as Chair at the end of this month.